

CENTRAL COAST

MENTAL
HEALTH
ART
WORKS!
EXHIBITION



ENTRY PACK

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CENTRAL COAST MENTAL HEALTH ART WORKS! EXHIBITION



Information Sheet

In 1999, the inaugural Mental Health Art Works! Exhibition was held at the Gosford Regional Gallery & Arts Centre. It has become an annual event to celebrate Mental Health Month on the Central Coast.

Mental Health Art Works! is an art exhibition with a difference. It provides people whose lives have been affected by mental illness the opportunity to use art as a form of expression and it engages the Central Coast community in a better understanding of mental health issues.

The purpose of the Mental Health Art Works! Exhibition is to bring mental health into the light, and celebrate creativity; providing greater awareness of mental health and celebrate the skills and abilities of people with a lived experience of mental illness.

Each year artists of all ages exhibit a diverse range of artworks which includes different mediums in painting as well as sculpture, drawings, ceramics, photography, and writing. Many artists share the unique viewing experience for visitors to the exhibition.

The exhibition is organised by Central Coast Primary Care, a local not-for-profit organisation providing programs and services that improve primary health and wellbeing in our communities.

The Mental Health Art Works! Exhibition is a free community event that is open for all people to attend throughout the event. While the event is a free event, a gold coin donation on entry is appreciated.

Event Details

Location: Gosford Regional Art Gallery, 36 Webb Street, East Gosford

Presentation: Friday 11 October 2019 2:30pm

Exhibition: Saturday 12 October to Sunday 20 October 2019 9:30am – 4:00pm each day

Important Dates

Entries Open:	Friday 28 June 2019	9:00am
Entries Close:	Friday 23 August 2019	5:00pm
Artwork Delivery:	Tuesday 8 October 2019	10:00am – 6:00pm
Awards Ceremony:	Friday 11 October 2019	2:30pm
Exhibition Dates:	Saturday 12 October to Sunday 20 October 2019	9:30am – 4:00pm each day
Artwork Collection:	Monday 21 October 2019	9:30am – 6:00pm



02 4365 2294



www.ccpc.com.au/mhaw



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Eligibility Criteria

The following eligibility criteria applies to artworks entered in the exhibition:

- Artwork previously exhibited in a Mental Health Art Works! Exhibition will NOT be eligible to be entered again.
- A limit of **ONE** artwork per artist applies.
- The artwork must be created by:
 - a person with a lived experience of mental illness
 - a family member of a person with a mental illness
 - a carer of a person with a mental illness
 - a friend of a person with a mental illness
- A carer is defined as a family member, friend, neighbour or other community member who provides regular or intermittent support for someone who has a mental illness.

Eligibility criteria for specific award categories can be found at www.ccpcc.com.au/mhaw.

Guidelines for Entering your Artwork

The following guidelines apply for entering artworks:

- A maximum artwork size of 100cm by 100cm applies to all artworks. Size restrictions will be strictly adhered to.
- All hanging artworks **MUST** be ready to hang and **MUST** have D-rings attached to the back of the artwork. D-rings must be firmly secured 10cm from the top of the artwork. This includes stretched canvases and works on board. **It will not be possible to display works that are not suitably finished & ready to hang.**
- Stretched canvas does not need to be framed or under glass.
- Works on paper (e.g. watercolour, pastel, graphite) must be framed and ready to hang.

Selection of Artworks

Every effort will be made to exhibit all suitably finished artworks. Please ensure you comply with the *Guidelines for Entering your Artwork* to ensure your artwork is able to be exhibited.

Should space limitations occur, the Selection Committee reserves the right to choose which artworks will be exhibited. Their decision is final.

If your artwork is not delivered within the specified timeframe, Tuesday 8 October 2019 between 10am and 6pm, it will not be accepted for the exhibition.

You will be contacted if your artwork is unable to be exhibited. Please consider your artwork accepted in the Exhibition unless you hear otherwise.



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Award Categories

The categories for the Mental Health Art Works! Exhibition include:

- Mental Health Creativity Award
- Viewer's Choice Award
- Wisdom in Ageing Award
- Young Peoples
- Indigenous Award
- Pride in Diversity Award (formerly the LGBTIQ+ Award)
- Central Coast Carers Award
- Central Coast Young Carers Award
- The Art of Cultures Award
- Gallery Encouragement Award

A judging panel will select two finalists within each award category.

Award Prizes

Awards will be given in recognition of the artwork exhibited with presentations made during the awards presentation on Friday 11 October 2019. Further information about award prizes and sponsors can be found at www.ccpc.com.au/mhaw.

Artists that are short listed for an award will be notified on Thursday 10 October 2019. If you are nominated as a finalist it is strongly encouraged that you attend the Awards Presentation at 2:30pm on Friday 11 October 2019.

Sale of Artwork

Please indicate on the Entry Form if your artwork is for sale and if so, include the sale price. If your art is produced as a hobby you are NOT required to add GST to the sale price. If you complete a Business Activity Statement (BAS) return for the Australian Taxation Office (ATO) you are required to include GST. Remittance of any GST payments to the ATO will be the responsibility of the individual artist. Payment will only be accepted in cash or a cheque made payable to the artist. The entire sale price will be forwarded to the artist, with no commissions being collected by the organiser of the exhibition. Any payments collected will be forwarded to the artist at the close of the exhibition.

Further information about the Mental Health Art Works! Exhibition can be found on our website, www.ccpc.com.au/mhaw, or via facebook @centralcoastprimarycare.



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Artwork Label

This label MUST be completed in full and firmly fixed to the back of the artwork.

Entries that are not suitably labelled will not be displayed in the exhibition.

**Drop off day Tuesday 8 October 2019 – 10:00am to 6:00pm
Gosford Regional Art Gallery, 36 Webb Street, East Gosford**

✂-----✂

Artist Name: _____

Address: _____

Suburb: _____ Home Ph: _____

Mobile: _____ Work Ph: _____

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**DROP OFF YOUR ARTWORK ON
Tuesday 8 October 2019
10:00am – 6:00pm**

Please put this date in your diary or on your calendar so you don't forget!!

If you do not deliver your artwork within this timeframe, it will not be able to be exhibited.

IMPORTANT: *Please note that artwork can ONLY be delivered within the times and on the date listed. Early or late delivery is not available.*

During the Exhibition Central Coast Primary Care can be contacted on 4365 2294.



**PICK UP YOUR ARTWORK ON
Monday 21 October 2019
10:00am – 6:00pm**

Please put this date in your diary or on your calendar so you don't forget!!

No responsibility will be taken for artwork not collected during this time.

IMPORTANT: *Please note that artwork can ONLY be delivered within the times and on the date listed. Early or late delivery is not available.*

During the Exhibition Central Coast Primary Care can be contacted on 4365 2294.



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