As part of the Central Coast Affordable and Alternative Housing Strategy, Central Coast Council is committed to supporting vulnerable people.

This card has been created to help prevent homelessness by assisting our community to find services that are local to them.

March 2023

## **Meals**

- 1 The Fathers Table
- 3 Southlakes Inc.
- Coast Shelter
- 8 Oasis Wyong
- **11** Salvation Army
- 12 Mary Mac's
- 16 Uniting Church Gosford

#### **Vinnies**

- V1 Wyong
- V2 Gosford

#### **Neighbourhood Centres**

- N2 Toukley
- N1 Wyong
- N3 Bateau Bay
- N4 Berkeley Vale
- N7 San Remo

## Food/groceries

- 1 The Fathers Table
- 2 Care 4 Coast
- 3 Southlakes Inc.
- **5** Central Coast Family **Support Services**
- 7 Coast Shelter
- 8 Oasis Wyong
- The Benevolent Society
- 11 Salvation Army
- Mary Mac's
- 13 Young Parents Hub

## **Neighbourhood Centres**

- N1 Wyong
- N2 Toukley
- N3 Bateau Bay
- N4 Berkeley Vale
- N6 Kincumber
- N7 San Remo

#### Vinnies

- V1 Wyong
- V2 Gosford

## **Vouchers**

- Coast Shelter
- 8 Oasis Wyong
- 9 The Benevolent Society
- 10 Samaritans Gorokan
- 11 Salvation Army
- Mary Mac's

## Vinnies

- V1 Wyong
- V2 Gosford

### **Neighbourhood Centres**

- N1 Wyong
- N2 Toukley
- N5 Kariong
- N7 San Remo

## **Community Services**

Gosford Regional Community

## **Drop in centre**

- 4 Uniting
- Coast Shelter
- 8 Oasis Wyong
- 9 The Benevolent Society
- Mary Mac's

### **Community Centres**

- C3 Baptist Care
- Green Point
- The Peninsula

#### **Neighbourhood Centres**

- N1 Wyong
- N2 Toukley
- N3 Bateau Bay
- N4 Berkeley Vale
- N5 Kariong
- N6 Kincumber N7 San Remo
- N8 Narara

## **Financial**

- 3 Southlakes Inc.
- Coast Shelter
- 8 Oasis Wyong
- 9 The Benevolent Society
- 11 Salvation Army

#### Vinnies

- V1 Wyong
- V2 Gosford

#### **Neighbourhood Centres**

- N1 Wyong
- N2 Toukley
- N5 Kariong N8 Narara

## **Community Services**

C2 Gosford Regional Community

## **Work Skills**

### **Community Services**

C3 Baptist Care

## **Vinnies**

V2 Gosford

## Housing

- 4 Uniting Doorways
- 19 Bungree Aboriginal Association
- 20 Department of Housing Wyong

## **Family & Support**

- 3 Southlakes Inc.
- **5** Central Coast Family **Support Services**
- 6 Legal Aid
- Coast Shelter
- **111** Salvation Army

### **Community Services**

C3 Baptist Care

#### **Vinnies**

V2 Gosford

### **Neighbourhood Centres**

N2 Toukley

## Legal / WDO

- 4 Uniting Doorways
- 6 Legal Aid
- **22** Central Coast Tenants Advice and Advocacy Service

#### **Vinnies**

V1 Wyong

## **Community Services**

Gosford Regional Community Services

## **Travel Assistance**

- Coast Shelter
- 8 Oasis Wyong

#### **Vinnies**

V1 Wyong

## **Neighbourhood Centres**

- N1 Wyong
- N2 Toukley

and search 'crisis relief'

## **Phone & Computer**

- 4 Uniting
- Coast Shelter
- **17** Central Coast Libraries

## Health

- 23 Yerin Aboriginal Health Services

- Headspace (12-24yr)
- H2 Lake Haven

- 14 HOTS

## **Community Services**

- C3 Baptist Care
- H1 Gosford

- - **Vinnies**

  - **Neighbourhood Centres**
  - N2 Toukley

# **Op Shops**

- 3 Southlakes Inc.
- V1 Wyong
- V2 Gosford

N1 Wyong

# Coast Shelter

**Shower & Laundry** 

- 18 Orange Sky Laundry
- **Neighbourhood Centres** N1 Wyong
- N2 Toukley

- 21 Department of Housing Gosford



Use QR code for more information or visit centralcoast.nsw.gov.au

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# **Organisations**

1 The Fathers Table

0406 947 767 Wyong Town Park, 6 Rankens Crt, Wyong Fri: 5pm-6pm / Sun: 10am-12pm

2 Care 4 Coast

Kibble Park, 118 Donnison St, Gosford Mon/6pm-9pm

3 Southlakes Inc.

0432 580 059 The Entrance and 1 Colongra Bay Rd, Lake Munmorah Mon, Wed & Thur / 10am and 6pm

4 Uniting Doorways

02 4355 8900 38 Pacific Hwy, Wyong Mon-Fri / 9am - 3pm

5 Central Coast Family Support Services

02 4340 1585 21 Old Mt Penang Rd, Kariong Mon-Fri / 9am-5pm

6 Legal Aid

1300 888 529 92-100 Donnison Street, Gosford Mon-Fri / 9am-5pm

7 Coast Shelter

02 4325 3540 346 Mann St, North Gosford Mon-Fri / 9am-5pm

8 Oasis Wyong

02 4353 9799 15 Hely St, Wyong Mon-Fri / 9am-4pm 9 The Benevolent Society

1800 236 762 15 Battley Ave, The Entrance Mon-Fri / 9am-4pm

10 Samaritans Gorokan

0437 595 001 274 Wallarah Rd, Kanwal Mon, Wed & Fri / 9:30-1:30

11 Salvation Army

1300 371 288 120 Central Coast Hwy, Green Point Tue, Wed & Thur / 9:30-12:30

12 Mary Mac's

02 4341 0584 100 Blackwall Rd, Woy Woy Mon-Fri / 8am-1pm

13 Young Parents Hub

02 4335 1444 2a Amy Close, Wyong Mon-Fri / 9am-5pm

14 HOTS

02 4365 2294

Mobile outreach van comes to you

Mon - Fri / 9-4pm

15 Allambi Care (12-24yr)
Youth outreach service

02 4944 5900 Mon-Fri / 9am-5pm

16 Uniting Church Gosford

02 4325 3695 129 Donnison Street, Gosford Sun:12pm

## Neighbourhood Centres

N1 Wyong

02 4353 1750 Building 2, 8 Rankens Court, Wyong Mon-Fri / 9am - 2pm

N2 Toukley

02 4396 1555 Unit 2, 46 Victoria Ave, Toukley Mon-Fri / 9am - 3pm

N3 Bateau Bay

02 4332 7450 10 Cynthia St, Bateau Bay Mon-Fri / 9am-4pm

N4 Berkeley Vale

0490 538 494 3 Heather Ave, Berkeley Vale Mon-Fri / 9am-4pm N5 Kariong

02 4240 1724 10 Langford Dr, Kariong Mon-Fri / 9am-4pm

N6 Kincumber

02 4363 1044 1/20 Kincumber St, Kincumber Mon-Fri / 9am-4pm

N7 San Remo

02 4390 7888 28 Brava Ave North, San Remo Mon-Fri / 9am-2pm

N8 Narara

02 4329 4477 2-12 Pandala Rd, Narara Mon-Fri / 9am-3:30pm 17 Central Coast Libraries

02 4306 7900
Bateau Bay, Erina, Gosford, Kariong, Kincumber, Lake Haven, Toukley, Tuggerah, Umina and Woy Woy
Mon-Fri / 9am-4:30pm

18 Orange Sky Laundry

Toukley, Wyong, Woy Woy and Gosford Various times and various sites

Bungree Aboriginal Association

02 4350 0100 7B Pioneer Ave, Tuggerah Mon-Fri/9am-5pm

Department of Housing - Wyong

02 4352 4400 36 Alison Rd, Wyong Mon-Fri/9am-5pm

Department of Housing - Gosford

02 4323 5211 Level 5, 221 Mann Street, Gosford Mon-Fri/9am-5pm

22 Central Coast Tenants Advice and Advocacy Service

02 4353 5515 12 Alison Rd, Wyong Mon-Thur 11am-3pm

Yerin Aboriginal Health Services

02 4351 1040 3-5/56-64 Pacific Hwy, Wyong Mon-Fri/8:30am-5pm

## **Community Centres**

C1 The Peninsula

02 4341 9333
Building B1, Ourimbah Campus,
University of Newcastle, Loop Rd,
Ourimbah
Mon-Fri / 9am-4pm

Gosford Regional
Community Services

02 4323 7483 Wyoming Community Centre, 147 Maidens Brush Rd, Wyoming Mon - Fri/9am - 4pm

C3 Baptist Care

1300 130 225 102 Pacific Hwy, Tuggerah Mon-Fri / 9am-5pm

# **Hotlines**

**Link2Home** 1800 152 152

Lifeline

Moneycare

1800 722 363

13 11 14

Allambi Youth Homeless Line

**Central Coast Tenants' Advice** 4353 5515

Kids Helpline

1800 656 463

43511040

**MensLine** 

1300 789 978

**Yerin Aboriginal Health Centre** 

**National Domestic Family and** 

**NSW Domestic Violence Line** 

**Sexual Violence Hotline** 

1800 RESPECT (737 732)



## Headspace (12-24yr)

H1 Gosford

02 4304 7870 Suite 1, Lvl2 Gateway Centre 237 Mann St, Gosford Mon-Fri / 8:30am-5pm

H2 Lake Haven

02 4394 9100 70 Chelmsford Road, Lake Haven Mon-Fri / 8:30am-8pm

#### Vinnies

V1 Wyong

02 4353 5614 47 Howarth Street, Wyong Mon-Fri / 9am - 4pm

V2 Gosford

02 4322 5861 273-275 Mann Street, Gosford Mon-Fri / 9am - 4pm